



Vida Medical Clinic & Support Services COVID-19 & Pregnancy

1. How does COVID-19 affect a pregnant woman?

Pregnant women do not have more severe symptoms than the general public; however, doctors urge pregnant women to take the same steps to avoid this infection.

2. How can COVID-19 affect the fetus?

More extensive research is needed to determine whether COVID-19 passes to the fetus during pregnancy, labor and/or delivery; however, this type of transmission is not likely.

3. What should pregnant women do to avoid COVID-19?

Pregnant women should follow the COVID-19 Safety Recommendations outlined above including practicing social distancing, frequent hand washing and wearing a facemask in public.

References: American College of Obstetricians & Gynecologists [ACOG] and the Center for Disease Control and Prevention [CDC].